



Year 1  
PSHE- Anti-Bullying

Types of bullying	Examples
Verbal	Calling people names or being hurtful
Emotional	Leaving people out, giving them the silent treatment
Physical	Hurting someone e.g. hitting, kicking
Cyberbullying	Bullying someone online

What can you do to help someone?



How does bullying make people feel?



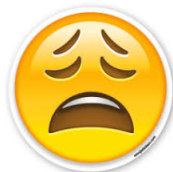
Sad



Lonely



Worried



Angry

Odd Sock Day teaches us...

We are different

We are special

Difference is good

We can celebrate difference

