

PE Long Term Plan 2023-2024



Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Fundamental Movements -	Agility	Running	Throwing	Balance	Catching
Running		_			
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Year 1 Dance	Multi skills	Gymnastics	Invasion Games	Striking and Fielding -	Athletics
				Throwing and Catching	
				Swimming	Swimming
Year 2 Multi Skills	Dance	Invasion Games - football	Gymnastics	Striking and Fielding -	Athletics
				Throwing and Catching	
				Swimming	Swimming
Invasion Games -	Striking and Fielding -				
Basketball	Cricket	Dance	Net Games - tennis	Athletics	Gymnastics
Swimming	Swimming				
		Striking and Fielding -	Net Games - Tennis		
Year 4 Invasion Games - Hockey	Gymnastics	Cricket		Athletics	Dance
		Swimming	Swimming		
		Striking and Fielding -	Net Games - Tennis		
Year 5 Gymnastics	Invasion Games - Basketball	Cricket		Dance	Athletics
		Swimming	Swimming		
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Invasion Games - Hockey	Striking and Fielding -	Net Games - Tennis			
Invasion Games - Hockey	oundry and riotanty				
Invasion Games - Hockey	Cricket		Dance	Gymnastics	Athletics
	Fundamental Movements - Running Dance Multi Skills Invasion Games - Basketball Swimming Invasion Games - Hockey Gymnastics	Fundamental Movements – Running Agility Dance Multi skills Dance Multi skills Multi Skills Dance Invasion Games - Basketball Striking and Fielding - Cricket Swimming Swimming Invasion Games - Hockey Gymnastics Gymnastics Invasion Games - Basketball	Fundamental Movements – Running Agility Running Dance Multi skills Gymnastics Multi Skills Dance Invasion Games - football Invasion Games - Basketball Striking and Fielding - Cricket Dance Swimming Swimming Dance Invasion Games - Hockey Gymnastics Striking and Fielding - Cricket Gymnastics Invasion Games - Hockey Striking and Fielding - Cricket Gymnastics Striking and Fielding - Cricket Striking and Fielding - Swimming	Fundamental Movements - Running Agility Running Throwing Dance Multi skills Gymnastics Invasion Games Multi Skills Dance Invasion Games - football Gymnastics Invasion Games - Basketball Striking and Fielding - Cricket Dance Net Games - tennis Invasion Games - Basketball Swimming Swimming Striking and Fielding - Cricket Net Games - tennis Invasion Games - Hockey Gymnastics Striking and Fielding - Cricket Net Games - Tennis Gymnastics Invasion Games - Basketball Striking and Fielding - Cricket Net Games - Tennis Gymnastics Invasion Games - Basketball Striking and Fielding - Cricket Net Games - Tennis	Fundamental Movements - Running Agility Running Throwing Balance Dance Multi skills Gymnastics Invasion Games Striking and Fielding - Throwing and Catching Multi Skills Dance Invasion Games - football Gymnastics Striking and Fielding - Throwing and Catching Multi Skills Dance Invasion Games - football Gymnastics Striking and Fielding - Throwing and Catching Invasion Games - Basketball Striking and Fielding - Cricket Dance Net Games - tennis Athletics Invasion Games - Hockey Gymnastics Striking and Fielding - Cricket Net Games - Tennis Athletics Invasion Games - Hockey Gymnastics Striking and Fielding - Cricket Net Games - Tennis Athletics Gymnastics Invasion Games - Basketball Striking and Fielding - Cricket Net Games - Tennis Athletics

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