

# Year 6 PSHE- Anti-Bullying

Key Vocabulary	
Bullying	Repetitive, intentional hurting of another person
Intentional	Doing something on purpose not by accident
Encourage	Supporting and giving someone confidence to act in a certain way
United	Joined together and agreeing about something
Reinforce	The action of strengthening something or supporting it

# Types of bullying















Physical

**Emotional** 

Cyberbullying

Calling names, threatening, being hurtful

Hitting, kicking, hurting someone physically

Leaving people out, whispering about others,

Using social media, sending messages or pictures



Bullying can be a group behaviour with different roles played by different people

# Ringleader

Leads bullying but may not do anything

## Defender

Stands up for someone being bullied

### Outsider

Ignores that anything is happening



### Target

The person who may be being bullied

#### **Assistant**

Involved in the bullying

Reinforcer

Encourages the ringleader

If I see bullying how can I help?

Tell someone

Include people

Don' bt ignore